

### Travel Questionnaire

Please bring these completed forms, all immunization records, and a complete list of medications with you to your visit.

**Personal Information:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_M \_\_F \_\_Other  
 Email Address: \_\_\_\_\_ Primary Care Physician (PCP): \_\_\_\_\_  
 Referred by: \_\_ UA \_\_ Health Dept \_\_ Physician/PCP \_\_ CDC \_\_ Website \_\_ Family or Friend \_\_ Other

**Travel Information:**

Please list the <b>cities/ports and countries</b> to which you are traveling <b>in the order you will visit them</b> . Include all stopovers.	Length of Stay in each Location	Type of Accommodation resort, budget hotel, hostel, family/house (Airbnb, cruise, camping, other) – specify
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	
	__ days __ wks	

**Purpose of travel** (check all that apply):

- |                                                 |                                                                 |
|-------------------------------------------------|-----------------------------------------------------------------|
| <input type="checkbox"/> Pleasure/vacation      | <input type="checkbox"/> Volunteer/service/mission/humanitarian |
| <input type="checkbox"/> Business (type): _____ | <input type="checkbox"/> Adoption                               |
| <input type="checkbox"/> Education/research     | <input type="checkbox"/> Obtain medical/dental care             |
| <input type="checkbox"/> Moving/relocating      | <input type="checkbox"/> Other: _____                           |
| <input type="checkbox"/> Visit family/friends   | _____                                                           |

**Activities During Travel** (check all that apply):

- |                                                            |                                                                             |
|------------------------------------------------------------|-----------------------------------------------------------------------------|
| <input type="checkbox"/> Cruise ship                       | <input type="checkbox"/> Scuba diving                                       |
| <input type="checkbox"/> Camping                           | Certified: __ No __ Yes                                                     |
| <input type="checkbox"/> Hiking or trekking                | Time to air travel after last dive: ____ hrs/days                           |
| <input type="checkbox"/> Bicycling or motorcycling         | <input type="checkbox"/> Visit jungle area                                  |
| <input type="checkbox"/> Caving                            | <input type="checkbox"/> Visit rural area or village                        |
| <input type="checkbox"/> Potential new sexual partners     | <input type="checkbox"/> Visit farm                                         |
| <input type="checkbox"/> High altitude (>8000 ft)          | <input type="checkbox"/> Work with animals                                  |
| <input type="checkbox"/> Swimming (specify type of water): | <input type="checkbox"/> Work at orphanage                                  |
| <input type="checkbox"/> Chlorinated pool                  | <input type="checkbox"/> Medical or dental work (exposure to bodily fluids) |
| <input type="checkbox"/> Fresh water, lake or stream       | <input type="checkbox"/> Be outdoors during evening or nighttime hours      |
| <input type="checkbox"/> Ocean                             | <input type="checkbox"/> Other: _____                                       |

**Medical Information:**

**Allergies:**

Are you allergic to any of the following?

- |                                    |                                                   |
|------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Latex     | <input type="checkbox"/> Bee/wasp stings          |
| <input type="checkbox"/> Gelatin   | <input type="checkbox"/> Sulfa drugs              |
| <input type="checkbox"/> Eggs      | <input type="checkbox"/> Penicillin               |
| <input type="checkbox"/> Nuts      | <input type="checkbox"/> Neomycin or streptomycin |
| <input type="checkbox"/> Fish      | <input type="checkbox"/> Thimerosal/mercury       |
| <input type="checkbox"/> Shellfish | <input type="checkbox"/> Other: _____             |

Do you need an Epi-pen for any of your allergies?  No  Yes

**Medical History:**

Please check the box if you have or have had any of the following:

- Eye or ear problems
- Skin conditions, psoriasis, eczema
- Heart murmur, rheumatic fever, congenital heart disease
- Heart disease, heart attack, angina, stroke
- Arrhythmia, hypertension, heart failure
- Artificial heart valve, pacemaker or defibrillator, heart surgery (stents or bypass)
- Respiratory disease, emphysema, asthma, hay fever
- Smoked in the past 10 years (cigarettes, cigars, pipes, marijuana, hookah, e-cig/vape)
- Problems with your thymus (different than thyroid), such as myasthenia gravis or DiGeorge syndrome
- Diabetes or thyroid disease
- Liver disease, hepatitis, jaundice, cirrhosis
- Reflux, GERD, ulcers, IBS, Crohn's, ulcerative colitis
- Kidney disease, dialysis
- Drug addiction, alcoholism
- Seizures or epilepsy
- Fainting or dizzy spells
- Nervousness, anxiety, depression
- Guillain-Barre syndrome
- Vivid dreams or nightmares
- Other psychological conditions
- Arthritis, rheumatoid arthritis, fibromyalgia
- Bruise easily, bleeding problems (anemia, sickle cell)
- Active cancer, leukemia, lymphoma or immune deficiency disease
- Receiving cancer chemotherapy, immunosuppressive therapy, radiation, prednisone
- Organ, bone marrow, or stem cell transplant
- HIV disease or AIDS
- Positive TB skin test, treatment for tuberculosis
- Received immunoglobulin, blood transfusion, or blood products in the last 12 months
- Spleen removed
- Fever or antibiotics in the last 7 days

Motion sickness  
 Other medical conditions not listed above: \_\_\_\_\_  
 Previous travel-related illnesses (please explain): \_\_\_\_\_

**Females Only:**

Are you breastfeeding now?  No  Yes  
 Last menstrual cycle (first day/date): \_\_\_\_\_  I do not have menstrual cycles  
 Contraception/birth control method:  None  Condoms  Pills  IUD  Implant  
 Other: \_\_\_\_\_

Are you pregnant now?  No  Yes  Maybe  
 If yes, how many weeks? \_\_\_\_\_  
 If no, is there a reason why you could not be pregnant now (uterus was removed; don't have sex with men, etc.):  
 \_\_\_\_\_

Are you planning to become pregnant during your trip or within 6 months following?  No  Yes  
 If yes, when? \_\_\_\_\_

**Medications:**

Please list all antibiotics, steroids/prednisone, chemotherapy, prescription medications, herbals, vitamins, and over-the-counter or nonprescription medications:

Medication Name	Dose	Instructions

**Vaccination Reactions:**

What meal(s) have you eaten so far today?  Breakfast  Lunch  Snack  Nothing  
 Have you **ever** ... fainted or felt light-headed from a shot?  No  Yes  
 fainted or felt light-headed from having blood taken?  No  Yes  
 had any unusual reaction to a vaccine?  No  Yes  
 Describe: \_\_\_\_\_

**Vaccination History:**

Did you have all your childhood vaccinations?  No  Yes  Not sure  
 Did you attend college or university in the USA?  No  Yes What years? \_\_\_\_\_  
 Where were you born?  USA  Other country \_\_\_\_\_

If you were born outside the USA:

At what age did you arrive in the USA? \_\_\_\_\_

Did you get vaccines for immigration?       No       Yes       Not sure

Vaccine	Yes/No	# Doses	Dates	Had the Disease? Yes/No
Influenza (Flu)				
Measles/Mumps/Rubella				
Hepatitis A				
Hepatitis B				
HPV				
Pneumonia 13				
Pneumonia 23				
Varicella (Chickenpox)				
Zoster (Shingles)				
Vaccine	Yes/No	Last Dose (Year)	Vaccine Type	
Tetanus Booster (as adult)			<input type="checkbox"/> Td	<input type="checkbox"/> Tdap
Polio Booster (as adult)				
Typhoid			<input type="checkbox"/> Oral (pills)	<input type="checkbox"/> Injection (shot)
Meningococcal			<input type="checkbox"/> MCV4	<input type="checkbox"/> MenB
Japanese Encephalitis				
Rabies				
Yellow Fever				

The above information is correct to the best of my knowledge. I understand that some vaccines can cause serious or deadly illness when administered to someone infected with HIV, or who is immunosuppressed or pregnant. I have received written immunization information, all questions have been answered to my satisfaction, and I give my consent to receive recommended immunizations. I will not hold University Medical Center or its staff responsible for any errors or omissions that I may have made in completing this form.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Travel Medicine Provider \_\_\_\_\_ Date \_\_\_\_\_